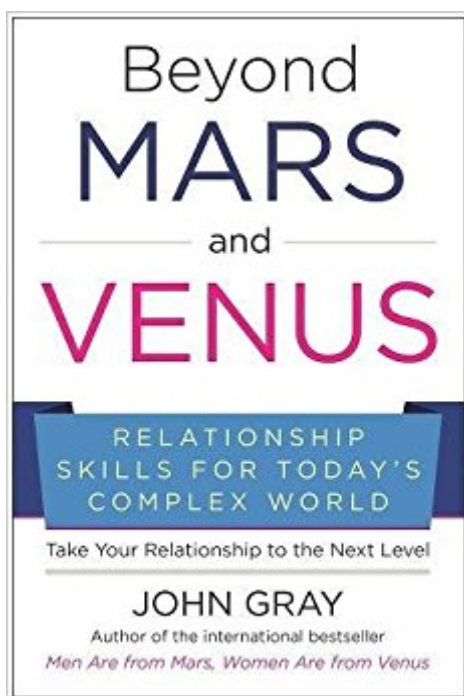


The book was found

Beyond Mars And Venus: Relationship Skills For Today's Complex World



Synopsis

The author of the most well-known and trusted relationship book of all time returns with an updated guide for today's generation. Two decades ago, *Men Are from Mars, Women Are from Venus* revolutionized the way we thought about love and partnership. John Gray's work has helped countless readers improve and even save their relationships. But as society evolves, relationships do, too. It's time to move beyond Mars and Venus, toward a new relationship model for modern couples. Today, men and women are no longer trapped by rigid societal roles. Now more than ever, we have the freedom to be our authentic selves. Women can access their masculine side, and men can embrace their feminine side. This new freedom is a good thing, but it also brings new challenges. Men and women still need the right tools and skills to help build stronger relationships. While previous generations sought "role mate" relationships, based on the more rigid gender roles of the time, today's couples need a new kind of relationship: a "soul mate" relationship. These more emotionally satisfying relationships require a deeper understanding of our partners' individual needs. In *Beyond Mars and Venus*, Gray teaches you how to strengthen your bond and grow in love together, so you and your loved one can meet each other's needs in the best way possible, bringing you lasting happiness and a fulfilling partnership.

Book Information

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Customer Reviews

"No one delivers greater wisdom about relationships than John Gray. In *Beyond Mars and Venus*, he provides much-needed guidance as to how to navigate the path of love in complicated times like these." —Marianne Williamson, #1 New York Times bestselling author
A true

expert understands that as times change, tried-and-true methods must be reexamined and updated. John Gray not only embraces the unique challenges in modern relationships, but his tools and wisdom are every bit as helpful today as ever.âJack Canfield, New York Times bestselling author of the Chicken Soup for the Soul seriesâTwenty years after his earth-shaking Men Are from Mars, Women Are from Venus, John Gray has opened up a whole new universe of helpful relationship advice in Beyond Mars and Venus. His explanation of love and intimacy in the 21st century will rock your world.âHarvey Mackay, #1 New York Times bestselling author of Swim with the Sharks Without Being Eaten AliveâLeave it to John Gray, whose creativity framed gender differences in planetary terms as Mars and Venus, starting a never-ending conversation about the differences between men and women, to go Beyond Mars and Venus and make the discussion relevant for contemporary couples. All couples, traditional or modern, will be informed by this perceptive thinker about relationships.âHarville Hendrix, PhD and Helen LaKelly Hunt, PhD, authors of Getting the Love You Want and Making Marriage SimpleâHow do we achieve true love in todayâs stressful, chaotic world? . . . Becoming comfortable in our new roles allows for each of us to be seen, heard, and affectionate with one another. Being able to express these inherent sides of ourselves clearly determines our strengths and need for stress management and choosing balance. Greater intimacy and deep love are the gifts. I love this book.âSuzanne SomersâJohn Grayâs famous book Men Are from Mars, Women Are from Venus has changed countless lives for the better (including mine) and has helped so many people live in greater happiness. This new guide offers tools and wisdom that are as helpful today as ever.âMarci Shimoff, professional speaker, #1 New York Times bestselling author of Happy for No Reason and Love for No Reason, and coauthor of Chicken Soup for the Womanâs SoulâJohn Gray provides brilliant guidance for the rapidly changing state of gender roles in our relationships. Beyond Mars and Venus is required reading for all couples who are serious about growing and thriving in love together.âArielle Ford, author of Turn Your Mate into Your Soulmate

Dr. John Gray is the author of Men are from Mars, Women are from Venus. USA Today listed Mars/Venus as number six among the most influential books of the last quarter century. In hardcover, it was the number one bestselling nonfiction book of the nineties. John Grayâs books are translated into approximately 45 languages in more than 100 countries. Dr. Grayâs more recent books include Mars and Venus in the Bedroom, Why Mars and Venus Collide, and Work With Me (with Barbara Annis). John has appeared repeatedly on Oprah, as well as on The Dr. Oz

Show, TODAY, CBS This Morning, Good Morning America, etc. He has been profiled in Time, Forbes, USA Today, TV Guide, and People. He was also the subject of a three-hour special hosted by Barbara Walters.

I really enjoyed reading *Beyond Mars and Venus*. The most important thing that I learned in this book is I should not talk about my feelings right away when I am angry or stressed out at someone. I should strive to detach and do an activity that rebuilds my testosterone to calm down. This is a hormone that I can build up by exercising. I started performing in theater six years ago. Memorizing my lines and learning how to move on stage are very difficult things to do, but I learned that learning to do hard things can also boost my testosterone level. I have learned to cooperate and work with many other people in theater. I have learned to depend and cooperate with many others to make our play successful. Cooperation and interdependence are two aspects that can promote my estrogen level. I never thought of the feminine qualities that I have developed doing theater. Being able to express both my masculine and feminine qualities equally is the key to having a loving and successful relationship with a woman. I also learned that silently listening to a woman is an a skill that can build up my testosterone. Silently listening to a woman can help me respond to her more intelligently. I won't say something dumb when I listen silently. I I also learned that actions and not words are more important when a woman is stressed out. I should just give a woman a hug when she is angry or stressed with me. Giving a woman a hug will increase the female hormone oxytocin. This will calm her down. I love the information in this book. Learning about how the male and female hormones work will help my romantic relationship to develop and blossom. It will also help me to become a more effective theater performer.

Very helpful- I gave it to a friend who is having problems..

Love it

Wonderful information and helps with aging questions from both sides of the coin!

Awesome author! All John Gray's books are phenomenal and packed with practical application rather than a bunch of psychological crap that no one actually knows what to do with.

It's a very interesting read as a single lady I learnt a lot from the book. I will be a better person in a

relationship.

Just as explained, nice item!

great help!

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